

Hardingstone Day Nursery

Sun care Policy

Our room leaders have been very busy creating a Sun Care Policy to ensure children stay safe in the sun. A copy of this will be available on the parent area of our website next week, but the key points for parents are –

A named sunscreen and sunhat is to be provided by parents for their child. These should be kept at nursery. Children without appropriate sun protection will be allowed limited time in the garden.

Suncream will be applied half an hour before accessing the garden and will be reapplied 2 hourly. Children must wear closed toe footwear outdoors to help protect their feet from the general risks of outdoor play, climbing, riding bikes etc.

Suncreams will be sent home after the summer period. We cannot store sunscreen for use the following year.

Earrings – A polite reminder that Earrings must either be removed or covered with tape when attending nursery.

Fees

Parents should have all received the new fee structure that comes into effect from 1st September with the last invoice. A copy is attached to this e-mail.

Security

Please may all parents ensure that they do not let others enter the nursery when using their fingerprint entry, and also that parents do not follow others in. We understand that it is polite to hold the door open for others, and can come across rude not to, but the security of the children is of paramount importance.

Child Detail Forms

New child details forms will be available on the front reception desk and also attached to this e-mail for all families to complete and return on or before 25th May 2018. The forms have been amended to comply with GDPR and include a separate consent form. We thank you in advance for your co-operation in returning these as soon as possible.

Staffing

We are absolutely delighted to inform you that Elle will be returning to the nursery at the beginning of June. She will be working a Senior Nursery Nurse in the Wise Owls. I'm sure you will all join us in welcoming Elle back, I know the children will be especially pleased to see her.

GDPR

With GDRP coming into effect very soon, it has become apparent that our systems for e-mailing information from the rooms to groups of parents is not going to meet the requirements of the new law. Our systems are open to human error, and it is not fair to put our staff in a position when they can unintentionally break the law. Therefore, the room e-mail addresses will be used only for responding to individual queries. All notices, reminders etc. to groups of parents will be sent from the nursery e-mail address. All e-mail addresses that we hold will be removed on the 25th May and re-entered from the new child detail forms.

Car Park

We have received a few concerns recently regarding the driving in and out of the nursery. Please drive slowly and be aware that there is a pedestrian path which is used regularly by cyclists.

Menus

We have been working very hard over the past couple of months to update and redesign our menus. To compliment our 100% made from fresh lunch and dessert, menus now have the ingredients listed as well as the substitute used for the dairy free and vegetarian meals.

As with anything, the children have taken a little while to adapt to a few new recipes.... The first time we had frittata, I'm sure we disposed of as much as we made but after a few tries the majority of children are enjoying the new tastes and textures!

Many of the recipes have come from the new government document 'Example menus for Early Years Settings in England' which is available online, and a useful document for both nursery and family cooking.

Molly has taken the role of snack co-ordinator preparing snacks daily in the kitchen which has enabled staff to continue their activities in their rooms and engage with the children rather than preparing their own snacks. We have incorporated many home prepared items on the afternoon tea menu, where they have been shop bought before, for example hummous, mackerel pate and ice lollies. Molly will be building on her role further by involving the Wise Owl children in the preparations of snack for example spreading sandwiches, making ice lollies etc.

Our menus are available on our website under 'about us' - 'our menus' for parents to view. Sample below.

| Date | Lunch | Lunch Ingredients | Dessert | Dessert Ingredients | Tea | Tea ingredients |
|-----------|---|--|--|---|---|---|
| Monday | Chicken and Butternut Squash Curry with Rice **Vegetarian Alternative: Lentil and Butternut Squash Curry | Onion, Curry Paste, **Chicken, Red Lentils, Butternut Squash, Sunflower Oil, Coconut Milk, Peas, Rice **Substitute Chicken with additional Vegetables. | Chocolate Sponge and Custard *Dairy Free Alternative: | Egg, Dairy Free Spread, Caster Sugar, Flour, Cocoa Powder, *Semi Skimmed Milk, Custard Powder *Substitute Milk for Oat Milk in Custard | Crackers with Marmite Celery and Cucumber Sticks Milk or Water | Cream Crackers, Dairy Free Spread, Marmite, Celery, Cucumber |
| Tuesday | Vegetable Pasta with Cheese, Tomato and Cucumber. *Dairy Free Alternative: | Onions, Carrot, Leek, Peppers, Garlic, Tomato, Pasta, *Cheddar Cheese *Substitute with Violife Cheese | Banana Buns *Dairy Free Alternative: | Banana, *Semi-skimmed Milk, Vegetable Oil, Egg, Brown Sugar, Flour, Baking Powder, Mixed Spice *Substitute with Oat Milk | Chicken and Tomato Rolls **Vegetarian Alternative: Satsuma Milk or Water | Bread Rolls, Dairy Free Spread, **Chicken, Tomato, Satsuma **Substitute with Egg |
| Wednesday | Spaghetti Bolognese with Garlic Bread **Vegetarian Alternative: Vegetable Bolognese | Onions, Leeks, Red Pepper, Celery, Carrots, Apples, **Minced Beef, Tomato, Tomato Puree, Reduced salt Vegetable stock, Vegetable Oil, Dried Oregano, Wholemeal Spaghetti, Garlic Bread **Replace with additional vegetables | Flapjacks | Dairy Free Spread, Sugar, Golden Syrup, Rolled Oats, Sultanas | Cheese Sandwiches Cucumber and Cherry Tomatoes *Dairy Free Alternative: | Wholemeal Bread, Dairy Free Spread, * Cheese, Cucumber, Tomato *Substitute with Violife Cheese |
| Thursday | Chicken Casserole with Rosemary Dumplings. **Vegetarian Alternative: Vegetable Casserole | Onions, Carrot, Potato, Parsnip, **Chicken, Vegetable Oil, Mixed Herbs, Low Salt Vegetable Stock, Flour, Vegetable Suet, Baking Powder, Dried Rosemary **Replace with additional vegetables | Fresh Strawberries and Shortbread | Strawberries, Flour, Baking Powder, Dairy Free Spread, Sugar. | Fruit Loaf with Dairy Free Spread, *Dairy Free alternative: Pepper & Carrot with Beani Dip Milk or Water | Sultanas, *Milk, Sugar, Dairy Free Spread, Flour, Egg, Cinnamon *Substitute with Oat Milk Pepper, Carrot, Garlic, Mint, Butter beans, Olive oil |
| Friday | Roast Beef, Mashed Potato, Yorkshire Pudding, and Carrots. *Dairy Free Alternative: **Vegetarian Alternative: Falafel | **Beef, Carrots, Potato, Vegetable Oil, Egg, Flour, *Milk. *Substitute with Oat Milk **Chickpeas, Tahini (Roasted Pulped Sesame seeds), Garlic puree, Lemon, Paprika, Vegetable oil | Yoghurt *Dairy Free Alternative: | *Yoghurt *Substitute with Dairy Free Yoghurt | Rice Cakes with Cream Cheese. *Dairy Free Alternative: Banana Milk or Water | Rice Cakes, *Cream Cheese, Banana *Substitute Cream Cheese with Violife Cream Cheese |